



Amador Senior Center Lunch Menu Delivered From 11:30AM-1:30PM Milk is Served With Each Meal.

NAME: _____
 PHONE #: _____
 ADDRESS: _____

IT IS THE CLIENT'S
 RESPONSIBILITY TO
 RETURN MENU AND
 PAYMENT BEFORE
 THE 1ST OF THE MONTH

TOTAL MEALS: _____ X
 Qualified Amt: \$ _____
GRAND TOTAL \$ _____

PAYMENT TYPE: Please Circle one
 CHECK CASH
PLEASE BILL ME: Please Circle One
 ONCE MONTH BI-MONTHLY
 EMAIL ADDRESS: _____

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
MENU ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY		Meatloaf w/Gravy, Mashed Potatoes, Corn, Garden Salad Peaches & Wheat Roll	Baked Chicken, Rice Pilaf, Green Beans Spinach Salad, Pears, & Honey Bran Muffin	Shrimp Scampi w/ Pasta, Peas & Carrots, Mixed Green Salad, Mandarin Oranges & Cornbread Muffin
CLOSED	6	7	8	9
HAPPY Labor Day	Pork Chop w/Gravy, Sweet Potato Casserole, Corn, Garden Salad, Applesauce & Wheat Roll	BBQ Ribs, Macaroni Salad, Grilled Veggies, Caesar Salad, Watermelon & Garlic Bread	Chicken Pot Pie, Broccoli, Mixed Green Salad, Banana, & Cornbread Muffin	Baked Salmon, Brown Rice, Summer Squash, Spinach Salad, Pears & Wheat Bun
BIRTHDAY 🍰	13	14	15	16
Chicken Cordon Bleu, Rice Pilaf, Broccoli, Garden Salad, Mandarin Oranges, & Wheat Roll	Beef Enchilada, Spanish Brown Rice, Refried Beans, Caesar Salad, & Pears	Roasted Turkey w/ Mashed Potatoes & Gravy, Green Beans, Garden Salad, Cranberry Sauce, & Wheat Roll	Steak Fajitas w/onions & peppers, Pinto Beans, Corn, Garden Salad & Peaches	Baked Cod w/Lemon, Oven Baked Fries, Carrots, Mixed Green Salad, Cantaloupe, & Wheat Bran Muffin
20	21	22	23	24
Salisbury Steak w/Gravy, Garlic Mashed Potatoes, Grilled Squash, Ceaser Salad, Pears & Wheat Roll	Oven Fried Chicken, Herb Roasted Potatoes, Broccoli, Garden Salad, Watermelon & Cornbread Muffin	Pork Carnitas Taco w/Cabbage Slaw, Spanish Brown Rice, Mixed Green Salad, Carrot & Celery Sticks, Peaches,	Shephard's Pie, Mixed Veggies, Caprese Salad, Cantaloupe, & Cornbread Muffin	Lemon Pepper Cod, Lemon Couscous, Green Beans, Spinach Salad, Banana, & Wheat Roll
27	28	29	30	
Honey Garlic Pork Chop, Herb Roasted Potatoes, Brussell Sprouts, Garden Salad, Pears & Honey Wheat Muffin	Flat Iron Steak, Corn, Mixed Green Salad, Pineapple, & Wheat Blueberry Muffin	Chipped Beef w/Pasta, Asparagus, Garden Salad, Peaches, & Apple Bran Muffin	Herb Baked Chicken, Mashed Potatoes, Mixed Veggie Blend, Greeb Salad, Orange Wedges & Banana Nut Muffin	

Amador Senior Center Home Delivery Lunch Program



AMADOR

SENIOR CENTER

Call with any questions!
(209)223-0442

www.amadorseniorcenter.org

www.facebook.com/AmadorSeniorCenter



Laughton Ranch Catering ✦ Bobbi 209-419-2000



Amador Senior Center
 Weekend Lunch Menu
**WEEKEND MEALS ARE DELIVERED
 ON FRIDAY.**
**LUNCH DELIVERY IS BETWEEN
 11:30AM AND 1:30PM**
 Milk is Served With Each Meal.

* MENU ITEMS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY.*

**IT IS THE CLIENT'S RESPONSIBILITY TO RETURN
 THEIR MENU AND PAYMENT BEFORE
 THE 1ST OF THE NEXT MONTH**

* Weekend Meals are a combination of both days.

* Sorry, we can not separate the days to be given out.

****THE COST OF DELIVERY IS BASED
 ON CLIENT INCOME****

WEEKEND LUNCHES ARE DELIVERED ON
 THE FRIDAY PRIOR TO THE WEEKEND.

LUNCH DELIVERY HOURS ARE
 11:30AM TO 1:30PM.

We would like to say thank you for your
 continued support and we appreciate you!

- The Amador Senior Center.

Saturday		Sunday	
	4		5
Steak Fajitas, Spanish Rice, Refried Beans, Cole Slaw, & Banana		Fried Chicken, Mashed Potatoes, Green Beans, Spinach Salad, & Pears	
	11		12
Turkey Wrap, Potato Salad & Green Grapes		Chicken Tenders, Steak Fries, Apriots, & Blueberry Muffin	
	18		19
Baked Ham, Scalloped Potatoes, Candied Carrots, & Wheat Roll		Chicken Enchaladas, Spanish Rice, Refried Beans, & Watermelon	
	25		26
Bacon Cheese Burger, Oven Fries, & Watermelon		Oven Roasted Chicken, Mashed Potatoes, Corn, Banana, & Blueberry Muffin	

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AMADOR
 SENIOR CENTER

For more Information please call our office at 209-223-0442
 Follow us on Facebook at www.facebook.com/AmadorSeniorCenter
 Our Website is www.amadorseniorcenter.org



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