

2021 MAY



**Amador Senior Center
Lunch Menu**
Serving From 11:30AM-12:30PM
Milk is Served With Each Meal.
*Menu items subject to change based on availability**

Monday

Tuesday

Wednesday

Thursday

Friday

UNTIL FURTHER NOTICE Please call in your reservation by 9:00 am the day of, at (209) 223-0442 ext #1. The Center will only be serving TO-GO lunches at the Jackson Site Mon-Fri. New Clients must fill out an Intake

****REMINDER**
THE COST OF OUR WEEKEND MEAL PACKAGE IS NOW \$12.00 FOR ALL PATRONS REGARDLESS OF CLIENT STATUS**

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Smothered Pork Chops, Brown Rice, Roasted Corn, Beet Salad, Pears & Banana Muffin

Chicken Baked Steak w/Gravy, Garlic Mashed Potatoes, Cauliflower, Spinach Salad, Mandarin Oranges & Roll

Salmon w/Lemon, Farro, Veggie Blend, Garden Salad, Peaches & Apple Wheat Muffin

Spaghetti Bolognese, Broccoli, Garden Salad, Pineapple & Wheat Roll

Stuffed Cabbage Roll, Couscous, Roasted Zucchini & Yellow Squash, Garden Salad, Apricots & Cornbread Muffin

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14

Meatloaf w/Gravy, Brown Rice, Roasted Corn, Beet Salad, Pears & Banana Muffin

Beef Stroganoff w/Mushrooms, Roasted Herbed Potatoes, Cauliflower, Spinach Salad, Mandarin Oranges & Roll

Blackened Salmon w/Lemon, Farro, Veggie Blend, Garden Salad, Peaches & Apple Muffin

BBQ Ribs, Garlic Mashed Potatoes, Broccoli, Garden Salad, Pineapple, & Wheat Roll

Chicken Cordon Bleu, Couscous, Roasted Zucchini & Yellow Squash, Garden Salad, Apricots & Cornbread Muffin

17

18

19

20

21

Beef Pot Roast w/Gravy, Brown Rice, Roasted Corn, Beet Salad, Pears & Banana Muffin

Shrimp Alfredo, Garlic Mashed Potatoes, Cauliflower, Spinach Salad, Mandarin Oranges & Roll

Lemon Herb Cod w/Lemon, Farro, Veggie Blend, Garden Salad, Peaches & Apple Muffin

Oven Roasted Chicken, Brown Rice Pilaf, Broccoli, Garden Salad & Pineapple

Steak w/Mushrooms & Onions, Couscous, Roasted Zucchini & Yellow Squash, Garden Salad, Apricots & Cornbread Muffin

24

25

26

27

28

Salmon Florentine, Brown Rice, Roasted Corn, Beet Salad, Pears & Banana Muffin

Chicken Marsala, Garlic Mashed Potatoes, Cauliflower, Spinach Salad, Mandarin Oranges & Roll

Roasted Pork Loin, Farro, Veggie Blend, Garden Salad, Peaches & Apple Muffin

Sloppy Joes, Broccoli, Garden Salad & Pineapple

Pork Carnitas Taco, Couscous, Roasted Zucchini & Yellow Squash, Garden Salad, Apricots & Cornbread Muffin

Amador Senior Center Lunch Program Guidelines

60 and over with intake form: \$4 suggested contribution

60 and over without intake form: \$6.00 Fee

Under 60 Required to pay:\$6.00

Contributions are Voluntary, with completed Intake Form.

No eligible individual will be denied services because of an inability to contribute.

For more Information please call our office at 209-223-0442



WEEKEND MENU

MAY

2021

**Amador Senior Center
Weekend Lunch Menu**
WEEKEND MEALS ARE PICKED UP
ON FRIDAY.
LUNCH PICK-UP IS BETWEEN
11:30AM AND 12:30PM
Milk is Served With Each Meal.

** MENU ITEMS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY.**

**PLEASE CALL IN YOUR WEEKEND LUNCH
REQUEST BY 9AM
THE THURSDAY BEFORE.**

** Weekend Meals are a combination of both days.*

** Sorry, we can not separate the days to be given out.*

WEEKEND LUNCHES ARE TO BE PICKED UP ON THE FRIDAY
BEFORE,
DURING NORMAL LUNCH PICK UP
TIME OF 11:30AM TO 12:30PM.



DUE TO LOSS OF FUNDING

****THE COST OF WEEKEND MEALS HAS
CHANGED TO A FLAT FEE OF \$12.00 FOR
ALL CUSTOMERS REGARDLESS OF CLIENT
STATUS****

We would like to say thank you for your continued
support
and
We appreciate you!

THANK YOU

Saturday		Sunday	
	1		2
Turkey Salad Wrap, Garlic Green Beans, Garden Salad, Peaches & Roll		Beef Enchalada, Refried Beans, Glazed Baby Carrots, Caesar Salad, Apple & Blueberry Muffin	
	8		9
Mahi-Mahi w/Lemon, Quinoa, Garlic Green Beans, Garden Salad, Banana & Roll		Roast Turkey Sandwich, Potato Wedges, Glazed Baby Carrots, Caesar Salad, & Apple	
	15		16
Tuna Salad Sandwich, Quinoa, Garlic Green Beans, Garden Salad & Banana		BBQ Chicken Breast, Brown Rice, Glazed Baby Carrots, Caesar Salad, & Apple	
	22		23
Roasted Turkey w/Gravy, Quinoa, Garlic Green Beans, Garden Salad, Banana & Roll		Beef Teriyaki w/Pasta, Glazed Baby Carrots, Caesar Salad, Apple & Roll	
	29		30
Mongolian Beef, Quinoa, Garlic Green Beans, Garden Salad, Banana & Roll		Pot Roast w/Gravy, Garlic Mashed Potatoes, Glazed Baby Carrots, Caesar Salad, Apple & Roll	

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